

«Pat_Title» «Pat_FirstName» «Pat_LastName»
«Pat_AddressLine1»
«Pat_AddressLine2»
«Pat_Town»
«Pat_County»
«Pat_Postcode»

Date

Dear «Pat_Title» «Pat_LastName»,

Thank you for attending the Lets Prevent Study to have your repeat glucose tolerance test on «ApptDate» . This test confirms that you **do** have diabetes (fasting glucose of **«Fasting_Glucose»mmol/L** and 120 minute glucose of **«M_120M_Glucose»mmol/L**).

Results from initial screening session on «ApptDate»:

Patient ID: «ID_Number»

Appointment Date: «Date_of_Attendance»

Height: **«Height»m**

Weight: **«Weight»kg**

Body Mass Index: **«BMI»kg/m²**

Waist Circumference: **«Pat_Height»cm**

Blood pressure: **«Systolic»/«Diastolic»mmHg**

Cholesterol (body fats): **«TC»mmol/L**

Fasting Glucose: **«M_0_Glu»mmol/L**

120 Minute Glucose: **«M_120_Glu»mmol/L**

Normal Values

Body Mass Index: Below 25kg/m²
Below 23kg/m² if South Asian
Blood Pressure: Below 140/85mm/Hg
Cholesterol: Below 4mmol/L*
Fasting Glucose: Below 6mmol/L
120 Minute Glucose: Below 7.8mmol/L

The results of this test have been forwarded to your GP. Please make an appointment to see your GP in the next 2 weeks to discuss your condition in more detail.

Yours sincerely

Dr

Research Registrar, Diabetes & Endocrinology

***the optimal cholesterol level is below 4mmol/L, NICE guidelines indicate below <5mmol/L.*