

### GetREAL FIDELITY CRITERIA (FINAL DRAFT) 8.4.11

Terms: unit staff (working in the rehabilitation ward/unit); GetREAL team (OT, Activity Worker & Service User consultant; Project team (Project Manager, Principal investigator)

Name of unit:	✓ or X	Number (and %) of staff/SUs achieving criterion	Comments
<b>Predisposing visit</b>			
<ul style="list-style-type: none"> <li>A predisposing meeting is held with the unit's senior team members attended by at least one of the REAL research steering group's senior psychiatrists (HK, FH, TC) to explain the purpose of the GetREAL intervention, answer any queries and gain senior staff "sign up" to support the GetREAL team's work.</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>Dates for the first GetREAL training day/s for unit staff, and release of staff to attend, are discussed and agreed with the unit manager before the GetREAL team arrive.</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>The unit manager agrees to provide unit keys and, where possible, IT access/email accounts for the GetREAL team OT and Activity Worker</li> </ul>		N/A	
<b>Initial Training</b>			
<ul style="list-style-type: none"> <li>At least two members of the GetREAL team deliver the initial training</li> </ul>			
<ul style="list-style-type: none"> <li>At least 50% of the unit staff attend</li> </ul>			
<ul style="list-style-type: none"> <li>Initial evaluation forms are completed by all staff attending</li> </ul>			
<ul style="list-style-type: none"> <li>Action plans are agreed for the next 4 weeks</li> </ul>		N/A	
<b>Enabling phase</b>			
<ul style="list-style-type: none"> <li>The GetREAL team work alongside unit staff for at least 5 weeks including the training days</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>At least one structural change or enhancement is agreed to facilitate service user activity levels</li> </ul>		N/A	Describe any changes:
<ul style="list-style-type: none"> <li>Were any other changes that have been made secondary to the GetREAL team's suggestions that may not directly relate to service user activities?</li> </ul>		N/A	Describe any changes:
<ul style="list-style-type: none"> <li>Individual goal setting (regarding activities) is carried out and recorded in care plans for at least 50% of service users on the unit.</li> </ul>			
<b>Final Training</b>			
<ul style="list-style-type: none"> <li>At least two members of the GetREAL team deliver the final training</li> </ul>			
<ul style="list-style-type: none"> <li>At least 50% of the unit staff attend</li> </ul>			
<ul style="list-style-type: none"> <li>The certificate of attendance is awarded to at least 50% of unit staff (staff have to attend both</li> </ul>			

the initial and final training to receive the certificate)			
<b>Sustainability &amp; Reinforcing phase</b>			
<ul style="list-style-type: none"> <li>At the end of the 5 weeks, a written action plan for the unit to continue the GetREAL work for the next 12 months is agreed</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>The 12 month action plan is circulated to all unit staff by the GetREAL team</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>At the end of the 5 weeks, activity is included in at least 50% of SUs' individual care plans</li> </ul>			
<ul style="list-style-type: none"> <li>A link person is identified to keep email contact with the GetREAL team/steering group members for up to 12 months</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>GetREAL team members or steering group members continue offering email contact for 12 months following the 5 week visit</li> </ul>			Record number of contacts made by GetREAL/REAL staff with Link Person
<ul style="list-style-type: none"> <li>The Link Person makes contact with the GetREAL team at least once during the 12 month period</li> </ul>			Record number of contacts made by Link Person with GetREAL/REAL staff
<b>Supervision and support of the GetREAL team</b>			
<ul style="list-style-type: none"> <li>The GetREAL service user consultants are supported by the OTs through face to face/email/telephone discussion as required.</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>The GetREAL Activity Workers are supervised by the OTs weekly during each intervention period</li> </ul>		N/A	
<ul style="list-style-type: none"> <li>The GetREAL OTs are supervised at least three times per intervention period by the REAL research OT and/or the REAL organisational change specialist. This can be by phone, skype, email or face to face.</li> </ul>			Record number and type of contacts
<ul style="list-style-type: none"> <li>The GetREAL OTs have a line management meeting with the REAL senior OT once per cycle.</li> </ul>		N/A	
<b>Signed:</b>			<b>Date completed.</b>