

The BEEP interview Study

Interview Guide 1 (Version 1, 12/01/10)

Probes/ prompts shown in italics

PRELIMINARY POINTS

- Check participant's personal details
- Explain purpose of study; researcher to introduce self; confirm confidentiality
- Introduction – interested in participant experience of physiotherapy treatment received, particularly the exercise programme
- No right or wrong answers

COMPLETE CONSENT FORM A

Introduction:

1. Can you tell me a little bit about your knee problem?
2. Have you had any previous treatments for your knee problem?
E.g. from GP/ previous physiotherapy/ previous exercise programme
3. What do you think the future holds for your knee problem?
4. What did you expect from your physiotherapy treatment?
Treatment expectation/ outcome expectation

Main interview:

5. Can you tell me what happened during your physiotherapy sessions?
Exercise/ other treatment/ advice/ number of sessions
6. Can you tell me about your treatment?
The exercise programme: type of exercises/ setting of exercise
7. How was *that* exercise programme decided upon (i.e. that type of exercise, that setting of exercise)?
Patient input/ physiotherapist decision/ acceptable
8. Overall, how do you feel you got on with the exercises that you were asked to do?
Did you do the exercises as often as you were asked/ Are you still doing the exercises now/ Do you think you will carry them on in the future? Why?
9. Have you got any plans for the future with regards to treatment?

Possibility of return to physiotherapy/ onward referral/ how was this decision made/ acceptable?

10. Do you think that your treatment helped?

How/ why/ why not?

11. Was anything particularly good (and bad) about your experience?

12. Is there anything that you would have liked to have happened differently?

Conclusion:

13. Is there anything else that you would like to tell me about your experience of physiotherapy and exercise?

COMPLETE CONSENT FORM B

End of interview