

Respondent identification number

I have been diagnosed with bipolar disorder by a clinician

Do you live in England or Wales?

Age in years:

18-25

26-34

35-44

45-54

55-64

65 or over

Ethnicity:

White

Mixed

Asian/ Asian British

Black/ Black British

Chinese

Other (please state)

Relationship status:

Married/civil partnership

Married but not living with partner

In a relationship but not living with partner

Single

Widowed

Do you have children?

Highest educational qualification obtained:

GCSE

A level

NVQ

College/ University Diploma

University undergraduate degree

University postgraduate degree

PhD

None of the above

Employment status:

Employed (full time)

Employed (part time)

Employed (voluntary)

Unemployed

Sick or disability benefit

Retired

Student

None of the above

I have a care coordinator

I have a social worker

I have a community psychiatric nurse

I have a psychotherapist or psychologist

I have an occupational therapist

I have a psychiatrist

I have none of the above

I am a member of an NHS support group

I am a member of a non NHS support group

Prior to taking part in this survey, had you heard of the Mental Capacity Act?

If you answered 'Yes' to the previous question, where did you first hear about it?

Care Coordinator

Psychiatrist

Carer

NHS support group

Non-NHS support group

Own research e.g. internet

Other (please specify)

I answered no to the previous question

Where did you first hear about this survey?

Care Coordinator

Psychiatrist

NHS support group

Non-NHS support group

Mental Health Research Network

Other (please state)

Have you ever made an Advance Decision to Refuse Treatment?

Did you make your Advance Decision before October 2007, which is when the Mental Capacity Act became law?

Did you make any changes to your Advance Decision after October 2007, i.e. after the Mental Capacity Act became law?

Where did you first find out about making an Advance Decision to Refuse Treatment?

Care Coordinator

Psychiatrist

Carer

NHS support group
Non-NHS support group
Own research e.g. internet
Family member
Friend
Other (please specify)

Did you make your Advance Decision in writing?

I just keep a copy of my Advance Decision for myself

I have given a copy of my Advance Decision to my :

- Care Coordinator
- Psychiatrist
- Carer
- Lawyer
- GP
- NHS support group
- Non-NHS support group
- Family member
- Friend
- NHS notes
- Other (please specify)

I have refused a particular brand of medication in my Advance Decision

I have refused all medication in my Advance Decision

I have refused ECT in my Advance Decision

I have refused depot injections in my Advance Decision

I have refused a particular type of medication in my Advance Decision e.g. anti-depressant (please specify)

Which of the following best describes the circumstances in which you expect your Advance Decision to be needed?

Severe mania
Severe depression
In all circumstances

How did you rate the advice you received about making an ADRT from your Care Coordinator?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from your psychiatrists?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your lawyer?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your NHS support group?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your non-NHS support group?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your family member?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your friend?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from text based sources?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from other sources (please state)?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

Overall, how easy or difficult did you find the process of making an Advance Decision to Refuse Treatment?

- Very easy
- Easy
- Neither easy nor difficult
- Difficult
- Very difficult

If possible, please provide some additional details about your experiences of making your Advance Decision to Refuse Treatment

What is the nature of the treatment which you have refused in your Advance Decision?

- Treatment related to bipolar disorder
- Treatment related to another condition
- Both of the above

Have you ever been detained in hospital ("sectioned") under the Mental Health Act?

Had you already made an Advance Decision to Refuse Treatment at the time that you were sectioned?

Did you need to use your Advance Decision while you were sectioned and in hospital?

To what extent did you feel that the terms of your Advance Decision were respected while you were sectioned and in hospital?

- To a great extent
- To some extent
- Not much
- Not at all

Did anybody ever discuss any potential effects that being sectioned under the Mental Health Act might have on your Advance Decision?

If possible, please provide some details about the nature of the discussion you had about the above issue.

I discussed sectioning and ADRTs with my:

- Care Coordinator
- Psychiatrist
- Carer
- NHS support group
- Non-NHS support group
- Other (please specify)

Which of the following best describes the reason why you have not made an Advance Decision to Refuse Treatment?

- I am aware of Advance Decisions but am against making one
- I am aware of Advance Decisions but am unsure of how to make one
- I am aware of Advance Decisions but think that the process is too difficult
- I am aware of Advance Decisions but do not feel the need for it
- I had never heard or come across Advance Decisions until taking part in this study

Which of the following best describes the reason why you are against the idea of making an Advance Decision to Refuse Treatment?

- I find the idea of making a legal document intimidating
- I cannot imagine a situation where I would want to refuse a treatment
- Other (please specify)

If you are aware of Advance Decisions to Refuse Treatment but are unsure of how to make one, have you sought further advice on this?

How did you rate the advice you received about making an ADRT from your Care Coordinator?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your psychiatrists?

- Very good
- Good
- Neither good nor bad
- Bad
- Very bad
- Did not use

How did you rate the advice you received about making an ADRT from your lawyer?

- Very good

Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from your NHS support group?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from your non-NHS support group?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from your family member?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from your friend?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from text based sources?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

How did you rate the advice you received about making an ADRT from other sources (please state)?

Very good
Good
Neither good nor bad
Bad
Very bad
Did not use

Which of the following best describes why you have not sought further advice on how to make an Advance Decision to Refuse Treatment?

I am unsure of who to ask
I am concerned about offending my doctor if I ask him/her for advice
I am concerned that asking my doctor for advice about this will affect our relationship
I am concerned that my doctor might not know what I am talking about
I am concerned about the fees involved if I ask a lawyer for
Other (please specify)

How important do you think it is to be able to make plans about your personal welfare?

Very important
Somewhat Important
Neither important nor unimportant
Not very important
Not important at all

Have you ever made a Lasting Power of Attorney for Personal Welfare under the Mental Capacity Act?

Please provide a brief explanation of the primary reason(s) for creating an LPOA for Personal Welfare

Have you ever made an Advance Statement of Wishes and Feelings?

From where/whom did you first find out about making an Advance Statement?

Care Coordinator
Psychiatrist
Carer
NHS support group
Non-NHS support group
Own research e.g. internet
Family member
Friend
Other (please specify)

Was your Advance Statement made in writing?

I expressed wishes in favour of a particular medical treatment in my Advance Statement

I expressed wishes against a particular medical treatment in my Advance Statement

I expressed wishes regarding accommodation in my Advance Statement

I stated whom I wanted notified if I became ill in my Advance Statement

I stated whom I did not want notified if I became ill in my Advance Statement

I expressed wishes regarding childcare in my Advance Statement

I expressed wishes regarding dependent care in my Advance Statement

I expressed wishes regarding pet care in my Advance Statement

I expressed wishes regarding general domestic affairs in my Advance Statement

I expressed other wishes in my Advance Statement (please state)

I have given a copy of my Advance Statement to my :

- Care Coordinator
- Psychiatrist
- Carer
- Lawyer
- GP
- NHS support group
- Non-NHS support group
- Family member
- Friend
- NHS notes
- Other (please specify)

Which of the following best describes the reason why you have not made an Advance Statement of Wishes and Feelings?

I had never heard of them before taking part in this survey

I have heard of them but I do not feel strongly enough about them to make one

I have heard of them and would consider making one now

Did you ask others for advice on how to make your Advance Statement of Wishes and Feelings?

- Care Coordinator
- Psychiatrist
- Lawyer
- NHS support group
- Non-NHS support group
- Text based resource e.g. internet
- Family member
- Friend
- Other (please specify)

Which of the following best describes the reason why you have not sought further advice on Advance Statements?

I am unsure of who to ask

I am concerned about offending my doctor if I ask him/her for advice

I am concerned that asking my doctor for advice about this will affect our relationship

I am concerned about the fees involved if I ask a lawyer for

Other (please specify)

I made an Enduring Power of Attorney prior to October 2007

I have made an LPOA for Property and Affairs under the Mental Capacity Act

I have made neither of the above

Which of the following best describes the reason for creating the EPA and/or the LPOA for Property and Affairs?

I have had previous experience with overspending when I have been in mania

I have had previous experience with overspending when I have been in depression

Although I have not had any previous experience with overspending, I wish to protect myself from this problem

I have not had any previous experience with overspending when I am ill and have other reasons for the EPA or LPOA (please describe)

Apart from EPAs and LPOAs, have you ever indicated your wishes and feelings about your property and financial affairs on a more informal basis?

Care Coordinator

Social worker

Psychiatrist

Carer

Lawyer

GP

NHS support group

Non-NHS support group

Family member

Friend

Bank

Other (please specify)

Which of the following statements best describes your primary motivation for informally making a statement about your property and finances?

I have had previous experience with overspending when I have been in mania

I have had previous experience with overspending when I have been in depression

Although I have not had any previous experience with overspending, I wish to protect myself from this problem

I have not had any previous experience with overspending when I am ill and have other reasons for the EPA or LPOA (please describe)

Would you consider ever making a formal document such as a Lasting Power of Attorney, stating what you would like done about your property and finances when you do not have capacity to make these decisions yourself?

Which of the following best describes the reason why you would not consider this?

- I do not know where to get advice about this
- I am concerned about the costs that may be involved
- I am nervous about the idea of anything which involves the law
- I do not have anybody in mind that I think would be suitable
- I do not feel confident enough to seek advice
- I am concerned about any information being used against me
- I am not confident about expressing my rights

Other steps I have taken to limit overspending:

- I have cut up my credit cards
- I have set up spending limits on my bank account(s)
- I have appointed somebody as a co-signatory on my bank account
- I have done none of the above