



Health Passports



United Progression: The UP Group

The Young People's Working Group on the NHS Transition Research Programme

Background & Aims

We looked at Transition from our personal experiences and thought about what might have helped us through it.

A "survival guide" might have helped.

We looked at a range of Health Passports.

We found that lots of Health Passports were in use, but none had been evaluated.

We discovered that there was no definition of a Health Passport.

We thought there was no point in developing another new Health Passport and decided to evaluate existing ones.



Exploring Current Practice

We examined a range of existing Health Passports and wanted to explore:

WHO?

Who benefits from them?

Who wants them?

Are the views of parents/carers, health professionals and young people different?

HOW?

How are young people supported?

How are the Health Passports used in practice?

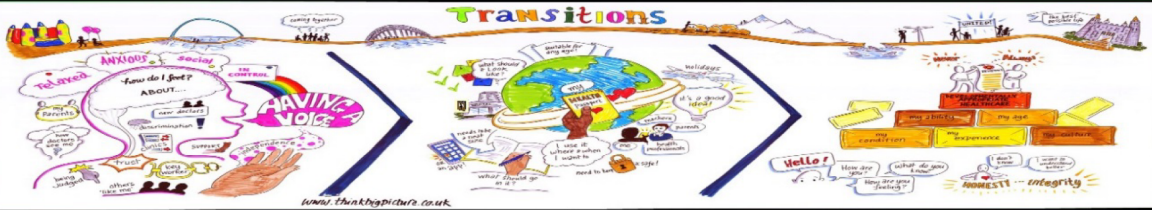
WHAT?

What kind of health passports are being used in the UK?

What are the essential points to making a really great health passport?

Do different groups of people need different things?

What is the potential role of technology, in terms of the design of these tools?



Developing Our Research Tools

UP consulted with healthcare professionals from Birmingham Children's Hospital and Walsall Physical Disabilities team about their experience of young people using Health Passports.

We examined a number of existing Universal and Condition Specific Health Passports.

We then devised our research questions.

We asked for help in streamlining the questionnaire and a member of the Patient Experience Team helped us look at phraseology of our questions and the design of our questionnaire.

1. Is your HP only useful for some appointments?
2. Do you feel you need to take it to your appointment?
3. Why don't you use your Health Passport?
4. Where else do you use your Health Passport?
5. Do you feel you've outgrown your Health Passport?
6. How long have you had your Health Passport?

We got Health Professionals to agree to distribute our questionnaire so that we could gather data from young people who were using Health Passports.

Findings/Conclusions From Young People

(n = 13)

100% don't complete Health Passports alone.

75% agreed they're useful.

46% sometimes take their Health Passport to appointments.

46% never take them to appointments.

8% always take them to their appointments.

25% were not sure if they were helpful.

38.5% thought they alone benefitted from having a Health Passport.

38.5% believed both they and the health professionals benefitted.

23% thought health professionals benefitted.

There is no defined process in how Health Passports are used.

The process of using Health Passports needs to be clarified and supported.

The way forward.....mobile applications?



Useful Links:

<https://research.ncl.ac.uk/transition/>

<https://research.ncl.ac.uk/transition/youngpeoplepage/theyoungpeoplesworkinggroup-up/>

<https://research.ncl.ac.uk/transition/newsevents/hardworkofupgrouprecognisedbynihf.html>

Email: Transition@ncl.ac.uk

Telephone: Alison Mulvenna on 0191 282 1389 Write to: Transition Programme, Level 3 Sir James Spence Institute, Royal Victoria Infirmary, Queen Victoria Road, Newcastle, NE1 4LP

You can also follow us on Twitter - @TransitionRes



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