

Who is funding and organising the study?

The study is funded by the National Institute for Health Research (NIHR) and sponsored by Newcastle University.

What happens to the results of the study?

We're happy to send you a report at the end of the project if you're interested. The study will be printed in academic journals and presented at conferences. You will not be identified in any of the information written about the study.

Will the research help me?

We can't promise that this study will help you directly. However, the study may give you the chance to talk openly about alcohol. The information that you give will be used to help understand the decisions you and other young people make.

For further information and advice about your drinking...

- Talk to Frank: [REDACTED]
- Speak to Drinkline: [REDACTED]
- For local support, contact Never 2 Late (N2L), North Tyneside on [REDACTED]

Thank You...

for taking the time to read this leaflet. Please ask your teacher or Learning Mentor to answer any questions or concerns you may have about the project. If you decide to take part, please keep this leaflet for future reference.

Any suggestions and complaints about the study or how you were treated will be dealt with, in writing, within 7 working days. They should be made in writing to Dr Dorothy Newbury-Birch at the address below.



Dr. Dorothy Newbury Birch
Alcohol Research
Programme Manager



Stephanie O'Neil
Research Associate

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Research Information Leaflet



What is this study about?

You are being invited to take part in a research study about alcohol. This leaflet is for you to keep. Please read it carefully and take time to decide if you want to take part or not. Talk to other people about the study if you want to. Please ask us if there is anything that you don't understand or that you would like more information on.

What will happen to me if I take part?*The Questionnaire*

We want to understand more about alcohol use among people your age. During school time your class will be asked to fill out a questionnaire. **The questionnaire will explore smoking, sexual health and general attitudes to health as well as alcohol use.**

You can choose not to complete the questionnaire; to complete it anonymously or with full contact details. There are no right or wrong answers. Your answers will not be passed on to parents or teachers.

You will be asked to place your completed questionnaire in a blank envelope and seal it yourself. Sealed questionnaires will be collected by the research team.

You will receive a compensatory £5.00 gift voucher after completing the questionnaire.

We will return to your school and ask your class to complete an additional questionnaire about alcohol in 6 and 12 months time.

The Study

We also want to find out whether young people would benefit from receiving advice during school time about their drinking behavior.

After completing a questionnaire you may be invited to receive advice about changing your drinking behavior, delivered by staff at your school.

Completing a questionnaire does not mean that you have to take part in the rest of the study.

Advice may consist of a leaflet; a 30 minute personalized session; or an extended one hour session (to which parents will be asked to attend). The type of advice you receive will be chosen at random by the research team.

Do I have to take part?

It's up to you to decide.

We will describe the study, go through this information sheet with you and answer your questions. If you decide to take part in the study, you'll be asked to sign a consent form.

You're free to change your mind at any time; you will not need to give a reason. If you do decide not to take part in the study, any information you give will be destroyed.

Who will have access to my information?

All information collected about you during this research will be kept confidential. The only people who will be able to look at it will be the research team at the University.

All information will be stored on a password protected computer. Data will be kept for 10 years within the University according to the rules of the Data Protection Act. After 10 years, the data will be destroyed securely.

Data from school records may be looked at by members of the research team only if it is relevant to this research.

Researchers work to the same rules of confidentiality as doctors and nurses which can only be broken, without your consent, in very exceptional circumstances. **Usually this is if the researcher sees or is told something which raises serious concern for your personal safety.**

Could I be at risk by taking part?

We're confident that you will not experience any harm as a result of taking part in this research study. However, if it is proven that you are harmed during the research, and this is because of the researcher's lack of care, you may have grounds for legal action against Newcastle University. You may have to pay your own legal costs.