

Teacher Training Day- Evaluation Form

In order for us to be able to evaluate the effectiveness of the training day, please answer the following questions as honestly as possible. The information you provide will not be fed back to your school.

1. I feel confident that I have enough nutrition knowledge to teach the nutrition sessions successfully

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Disagree or Strongly Disagree, please comment:

2. I feel confident that I can teach the nutrition sessions as per the lesson plans

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Disagree or Strongly Disagree, please comment:

3. I feel confident that I have enough knowledge to teach the physical activity sessions successfully

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Disagree or Strongly Disagree, please comment:

4. I feel confident that I can teach the physical activity sessions as per the lesson plans

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Disagree or Strongly Disagree, please comment:

5. There are aspects of the Active for Life Year 5 Programme that I feel require further explanation

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Strongly Agree or Agree, please comment:

6. I feel confident that I will be able to fit in all 16 lessons in the required time frame

Strongly Agree Agree Don't Know Disagree Strongly Disagree

If Disagree or Strongly Disagree, please comment:

7. What have you understood to be the 3 key messages that the Active for Life Year 5 Programme tries to teach the children?

i)

ii)

iii)

8. How useful has today been, in terms of preparing you to teach the Active for Life Programme?

Very useful

Useful in parts

Not useful

If 'not useful', please comment:

As part of the economic evaluation of the study, we would like to collect some information on the costs you incurred in attending today's training. Please note this information will not be used to reimburse travel costs, a separate expense claim form must be completed in order to claim travel costs.

9. How did you travel here today?

Car (driver)

Car (passenger in car share)

Other (please describe)

Walk/cycle

Bus

If by car (driver only):

Return mileage miles

Parking fee £ .

If by bus/train/taxi:

Return fare £ .

10. Any other costs incurred as a result of the training day (e.g. extra child care costs)

Description _____

Total cost £ .

11. Time usually taken to travel to school minutes

Time taken to travel to training today minutes

Thank you for completing this form. Please hand it in before you leave.

Active for Life Year 5, University of Bristol, Oakfield House, Oakfield Grove, Bristol BS8 2BN