

## PHASE 1

### Whole school Assembly Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes
Introduction to HeLP		
The energy balance – explanations and questions		
The energy balance mime (boy and girl)		
The HeLP rap		

General Comments:

## PHASE 1

### Activity Workshop 1 Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

ACTIVITY:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes
Intro and Q/A re the energy balance and HeLP messages		
Sportsmen/dancers talking about the importance of eating healthily and being active		
Practical session		

General Comments:

## PHASE 1

### Activity Workshop 2 Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

ACTIVITY:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes-plus TA
Intro and Q/A re the energy balance and HeLP messages		
Sportsmen/dancers talking about the importance of eating healthily and being active		
Practical session		

General Comments:

## PHASE 1

### Parents' assembly Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes
Intro with rationale of the Programme		
Summary of the HeLP Programme		
Family invitations		
Contacts details given		
Dance performance		
Sport performance (e.g.rugby/basketball)		
Raps performance		

General comments:

**PHASE 2**

**Drama Workshop 1 Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to key content

Session 1 – Class teacher present	Yes/partial/No	Notes
Introduce themes (80/20, energy balance)		
Nail and tooth in coke		
Introduce characters (alarm clock scene)/children choose character		
Children working in small groups with their character		
Introduce traffic light food system and quiz		
Food machines		
Key message chant		
Distribution of Traffic Light Food System parent information sheet		

Quality of delivery and participant responsiveness (1=Low Quality 10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

General comments:

**PHASE 2**

**Drama Workshop 2 Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to key content

Session 2 - Class teacher present	Yes/Partial/No	Notes Mark away on course so had a sub
24 hour clock and discussion		
80/20 activities game		
Lunchtime scene		
Tasting healthy snacks and drinks		
Rerun key messages and chant created in session		
Distribution of breakfast parent information sheet		
Encouragement from children to Duncan to pass this on to his parents		

Quality of delivery and participant responsiveness (1=Low Quality 10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

General comments:

**PHASE 2**

**Drama Workshop 3 Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to key content

Session 3 - Class teacher present	Yes/Partial/No	Notes
Professor Grossen-Luncheon scene and discussion		
Reading food labels and group discussion with character		
Temptation T shirts		
Temptation ladder		
Aunt Betsy scene		
Rerun key messages and chant created in session		
Distribution of Snacks parent information sheet		
Encouragement from children to Duncan to pass this on to his parents		

Quality of delivery and participant responsiveness (1=Low Quality 10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

**PHASE 2**

**Drama Workshop 4 Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to key content

Session 4 - Class teacher present	Yes/Partial/No	Notes
Alarm clock scene		
Small group practising 3 message chant		
Snacky Sam's tea time scene and discussion		
Duncan's tea time scene and Forum Theatre of the scene		
Distribution of Lunch Box parent information sheet		
Encouragement from children to Duncan to pass this on to his parents		

Quality of delivery and participant responsiveness (1=Low Quality 10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

General comments:

## PHASE 2

### Drama Workshop 5 Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to key content

Session 5 - Class teacher present	Yes/Partial/No	Notes
Adverts		
Marketing strategy		
Making adverts in small groups		
Making smoothies		
Role play how to overcome teasing		
Tooth out of coke and discussion		
Making a scene! (groups recap the week in a scene)		
School disco scene		
Distribution of Parent Power parent information sheet		
Encouragement from children to Duncan to pass this on to his parents		

Quality of delivery and participant responsiveness (1=Low Quality 10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

General comments:

## PHASE 3

### Forum Theatre Fidelity Check

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes
Intro – set the scene		
The 80/20 rap		
Food machines		
Supermarket scenes		
Forum theatre		

General comments

**PHASE 4**

**Drama Workshop Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to component content

Activity – class teacher present	Yes/Partial/No	Notes
80:20 Rap with actions		
How AA and DD have changed		
Food machines		

	1	2	3	4	5	6	7	8	9	10
Enthusiastic delivery										
Engaged/participating children										

**PHASE 4**

**Yr 6 Class-Delivered Assembly Fidelity Check**

NAME OF SCHOOL:

NAME OF HC:

DATE:

Adherence to component content (to be completed with JL or KW if present)

Activity – class teacher present	Yes/Partial/No	Notes
Whole <i>class</i> rap		
Overview of HeLP		
Before/after DD and AA showing change in behaviours.		
Food Machines		
Whole <i>school</i> rap		
Presence of a senior member of staff (e.g. Head, Deputy Head)		
Presence of year 6 teacher(s)		

Quality of delivery and participant responsiveness (1=Low Quality      10=High Quality)

	1	2	3	4	5	6	7	8	9	10
Well organised assembly										
Engaged children (Y6)										
Engaged audience										

General comments: