

Living in cold homes that are hard to keep warm can lead to poor health and fuel poverty. We evaluated a national scheme to improve the energy-efficiency of Welsh homes, to see what impact the work had on conditions inside the home, and the health and wellbeing of the people living there.

### Health and Wellbeing

People living in homes which had energy-efficiency work undertaken through the arbed scheme, felt:

- ✓ That their feelings of wellbeing had improved.



- ✓ They were less likely to put up with feeling cold to save costs.



- ✓ They were more likely to invite friends or family home during the winter.

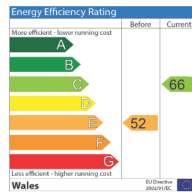


- ✓ They were more satisfied with the state of repair of their home.



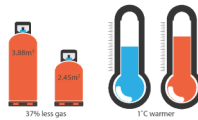
### Temperature and comfort

Having energy-efficiency work helped to improve the energy rating of homes from E to C on average.



During the winter this meant savings of up to £39 per month, while the home.

- ✓ Residents were more satisfied with the temperature inside their homes.



- ✓ They were more satisfied with indoor air temperature.



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