

GP HEADED NOTEPAPER

Ref: «gp»/«sno»

«status» «fname» «sname»

«add1»

«add2»

«add3»

Dear «status» «sname»

A study on health and alcohol

We would like your help with a research study. A group of researchers is doing a study about health and alcohol consumption among young to middle-aged men in Scotland. They are doing this because some people in this age group drink in ways that is harmful to their health. The researchers want to identify ways to encourage people to reduce the frequency of drinking at harmful levels. The enclosed information sheet tells you more about the study.

If you are interested in taking part in the study a researcher will get in touch with you by telephone. You will be asked some questions and if you are eligible to take part, you will receive some text messages over a period of three months. Six months and 15 months after the first telephone interview, the researcher will get in touch again by telephone to ask some more questions. Both of these phone calls will be fairly brief. You will receive gift vouchers to thank you for taking part in the study.

Please read the enclosed information sheet carefully. If you do not wish to take part, please return the enclosed card. However, if you are interested in taking part, or if you would like to find out more about the study, you do not have to do anything at this stage. If you do not return the card I will give your name to a researcher working on the study. He/she will contact you within the next two weeks to discuss the study. For further information you can speak to <trial manager name> on phone number <> or email her at <>.

Thank you for your help

Yours sincerely

(GP name)