

Supplementary file 6:
RCT study documents

Thank you

.... for taking the time to read this leaflet.

Please ask us to answer any questions or concerns you may have about the project.

Either phone 0191 208 8500/
07969 852293 or text. You can also email us
at: solid@newcastle.ac.uk



NHS
National Institute for
Health Research

Supporting Looked After Children and Care Leavers In Decreasing Drugs, and alcohol [SOLID]

Initial contact form

Doc 16: SOLID Trial: Young people initial contact, assent and CRAFFT form

Version 1.0, 23.03.2016

Are you 12-20, in care or a care leaver in Newcastle, Durham or Teesside? YES? Perhaps you'd like to help us?

Hi, your local authority is asking all young people aged 12-20 years who are Looked After Children or Care Leavers to fill out the following form about their drug and alcohol use.

CONFIDENTIAL

Your information will be held safely at the University of Newcastle.

Your local authority, together with the Universities of Newcastle, Teesside and Birmingham are working to find out how best to support Looked After Children and Care Leavers around their drinking and drug use and your ideas will help.



What do I do next?

- If you are happy to be contacted by our team, please fill out your name and contact details on page 1 of the enclosed form. Then please fill out the questionnaire on page 2 & 3 and send it all back to us in the envelope provided. [If you don't want to give us your name, please fill out pages 2 & 3 and just tell us your age, sex and the area that you live.](#)

- Your social worker can help you fill out the form if you'd like. But if you don't want your social worker to know your answers just fill in the form and put it in the envelope.

- Depending on the answers you give, we may contact you to tell you about our study and ask you to take part.



Page 1: Fill in and post back!



- Your Name
- Your Age
- Where you live: (tick)
 - Children's home
 - Foster Care or with a relative
 - Other
- Best way of contacting you
 - Mobile number
 - Email:
 - Facebook
 - Other.....
- Best time to contact you?
- I'm happy to be contacted by the research team (Initial)
- Are you happy for us to contact your parent/guardian? Yes No
- Signed
- Date:

PLEASE CONTINUE TO PAGE 2 AND 3

The CRAFFT Screening

Page 2

Age.....

Sex: Male Female

Area that you live: Newcastle Durham Teesside

Page 3

[CRAFFT screening tool redacted. This tool can be access at <https://craftt.org/get-the-craftt/>]

What are the possible benefits of taking part?

Although we cannot promise that you will benefit directly from this study, we think the study will give you the chance to talk openly about your alcohol and drug use.

What are the possible risks of taking part?

We do not see any risks for you taking part in this study. But it will take up a bit of your time.

If you have any questions or concerns then please contact me at the university

Either phone 07969852293 or text .

You can also email us at solid@newcastle.ac.uk.

Or write to:

Institute of Health and Society, Baddiley Clarke Building, Richardson Road, Newcastle Upon Tyne, NE2 4AX.

Supporting Looked After Children and Care Leavers In Decreasing Drugs, and Alcohol [SOLID]

Information leaflet
young people 12-14 years

Are you 12-14 and in Care in Newcastle, Durham or Teesside? YES? Perhaps you'd like to help us!

We are doing a research study as we want to understand how to support Looked After Children and Care Leavers to decrease their alcohol and/or drug use.

Why have I been invited?

We think you will have important ideas about how we can support Looked After Children and Care Leavers to decrease their drug and alcohol use.



Do I have to take part?

No. Taking part in this study is entirely voluntary and even if you agree to take part, you can still change your mind at any time, without providing a reason and without your care being affected.

Will my taking part in this study be kept confidential?

Yes. Your data will be kept safe, your name will not be used.

If you tell the researcher something that raises concern about your safety, we have a duty to tell your social worker and carer.



What will happen if I take part?

If you are happy we will arrange a time to come to your home and ask you some questions about yourself, your health, your drinking and drug use.

You will receive a £10 gift voucher for your time after answering the questions.

Some young people will be contacted to talk about their drinking and/or drug use with a drug and alcohol worker.

The young people that will see a drug and alcohol worker will be chosen randomly – a bit like throwing a dice. You will meet with the drug and alcohol worker up to six times.

Some young people will be invited to bring a friend or a professional along with them for support.

We will voice record appointments to see if the worker carried out the session as planned.

12 months from today we'll come back and ask you more questions about your drinking and drug use and your health. You'll receive another £10 gift voucher for your time at this point.

If you are happy to take part in the study then please sign the attached assent form and send it back with your parent/guardians consent form.



Who is funding and organizing the research?

The study is funded by the NHS research arm, the National Institute for Health Research (NIHR) and is sponsored by Newcastle University.

What will happen to the results of the research study?

We're happy to send you a report at the end of the project if you are interested. The study will be printed in academic journals and presented at conferences.

For Further information and advice about drinking...

Talk to Frank: www.talktofrank.com

Speak to Drinkline: 0800 9178282

For local support contact:

Thank you

Thank you....

for taking the time to read this leaflet. Please ask us to answer any questions or concerns you may have about the project.

If you have any concerns about the study you can contact the senior doctor running the study (Dr Raghu Lingam) or an independent person at the University (Professor Judith Rankin).

Any suggestions or complaints about the study, or about how you were treated will be dealt with, in writing, within 7 working days. They should be made in writing or by email to Dr Raghu Lingam at the address below.

Institute of Health and Society,
Newcastle University,
Baddiley-Clarke Building,
Richardson Road,
Newcastle upon Tyne,
NE2 4AX
Telephone: 0191 208 8500
Email: solid@newcastle.ac.uk

Supporting Looked After Children and Care
Leavers In

Decreasing Drugs, and alcohol

[SOLID]

Information Leaflet

(Young People 15- 20 years)

Are you aged 15-20 and in care in Newcastle, Durham or Teesside? YES? Perhaps you'd like to help us?

We are doing a research study as we want to understand how to support Looked After Children and care leavers to decrease their alcohol and/or drug use.

This leaflet is for you to keep. Please feel free to ask questions if there is anything you are unsure about or if you would like further information.

Why have I been invited?

We think you will have important ideas about we can support Looked After Children and care leavers to decrease their drug and alcohol use.



Do I have to take part?

No. Taking part in the research is entirely voluntary and even if you agree to take part, you can still change your mind at any time, without providing a reason and without your care being affected.

What will happen if I take part?

If you would like to take part we will ask you to fill in a assent/consent form. If you are under 16 your parent/guardian will also have to complete a consent form.

If you are happy we will arrange a time to come to your home. We will ask you some questions about yourself, your health, your drinking and drug use. You will receive a £10 gift voucher for your time answering the questions.

Some young people will then be invited to meet with a drug and alcohol worker to talk about their drinking and/or drug use. The young people that will see a drug and alcohol worker will be chosen randomly— a bit like throwing a dice.

The young people will meet the drug and alcohol worker for up to six visits. Some young people will be invited to bring a friend or professional along with them. For those who do see a drug and alcohol worker, we will voice record visits to see if the worker carries out the sessions as planned.

We will then arrange to see you again 12 months later to ask you more questions about your drinking and drug use and your health. You'll receive another £10 gift voucher for your time at this point.



Will my taking part in this study be kept confidential?

Yes. Your data will be kept safe, your name will not be used.



We will keep your information confidential. This means no one other than the research team will find out what you have told us.

Confidentiality can only be broken, without your consent, in very exceptional cases. **Usually this is if the researcher sees or is told something which raises serious concern for your personal safety or the safety of others.**

What are the possible benefits of taking part?

Although we cannot promise that you will benefit directly from this study, we think the study will give you the chance to talk openly about you alcohol and drug use. The information that you give will be used to help understand how to support Looked After Children and care leavers to change their drinking and/or drug use.

What are the possible risks of taking part?

We do not see any risks for you taking part in this study. But it will take up a bit of your time. Some people do not like talking about their experiences whilst others find this helpful.

Supporting Looked After Children and Care Leaver in Decreasing Drugs, and Alcohol Assent Form

To be completed by the young person under 16 years

PLEASE
INITIAL
EACH BOX

1. I confirm that I have read the participant information leaflet dated 01/03/2016 (version 1.0) for the above study.
2. I confirm that I have had the opportunity to ask any questions about the study and any questions I have asked have been answered to my satisfaction.
3. I understand that taking part is voluntary and that I'm free to change my mind at any time without giving any reason and without my care, services from children's services or my legal rights being affected.
4. I agree to my GP being informed of my participation in the study.
5. I understand that I may be chosen to attend additional session with a drug and alcohol worker. If I am chosen for additional therapy, I agree to these sessions being recorded to assess how the therapist delivered the sessions.
6. If I am chosen for additional therapy I agree to potentially be contacted for an additional interview to assess my thoughts about the sessions.
7. I understand that any data created from this study will be held in a locked filing cabinet for ten years after which the data will be destroyed. All data collected will be anonymous and kept confidential, and only members of the research team will have access to this data.
8. ***I agree to take part in the above study. I am aware that a copy of this consent form will be provided to me for my records.***

Name of Participant

Date

Signature

Name of Person taking consent

Date

Signature

Supporting Looked After Children and Care Leaver in Decreasing Drugs, and Alcohol

Consent Form

To be completed by the parent/guardian for the young person under 16 years

PLEASE
INITIAL
EACH BOX

1. I confirm that I have read the participant information leaflet dated 01/03/2016 (version 1.0) for the above study.
2. I confirm that I have had the opportunity to ask any questions about the study and any questions I have asked have been answered to my satisfaction.
3. I understand that my child/the child in my care's participation in this study is voluntary and that I am free to change my mind about them taking part at any time without giving any reason and without my care, services from children's services or my legal rights being affected.
4. I agree to my child/the child in my care's GP being informed of my participation in the study.
5. I understand that my child/the child in my care may be chosen to attend additional session with a drug and alcohol worker. If my child/the child in my care is chosen for additional therapy, I agree to these sessions being recorded to assess how the therapist delivered the sessions.
6. If my child/the child in my care is chosen for additional therapy I agree for my child/the child in my care and me to potentially be contacted for an additional interview to assess our reaction to the sessions.
7. I understand that any data created from this study will be held in a locked filing cabinet for ten years after which data will be destroyed. All data collected will be anonymous and kept confidential, and only members of the research team will have access to this data.
8. ***I agree for my child/the child in my care to take part in the above study. I am aware that a copy of this consent form will be provided to me for my records.***

Name of Guardian

Date

Signature

Name of Person taking consent

Date

Signature

Supporting Looked After Children and Care Leaver in Decreasing Drugs, and Alcohol Consent Form

To be completed by the young person 16 years and over

PLEASE
INITIAL
EACH BOX

1. I confirm that I have read the participant information leaflet dated 01/03/2016 (version 1.0) for the above study.
2. I confirm that I have had the opportunity to ask any questions about the study and any questions I have asked have been answered to my satisfaction.
3. I understand that taking part is voluntary and that I'm free to change my mind at any time without giving any reason and without my care, services from children's services or my legal rights being affected.
4. I agree to my GP being informed of my participation in the study.
5. I understand that I may be chosen to attend additional session with a drug and alcohol worker. If I am chosen for additional therapy, I agree to these sessions being recorded to assess how the therapist delivered the sessions.
6. If I am chosen for additional therapy I agree to potentially be contacted for an additional interview to assess my thoughts about the sessions.
7. I understand that any data created from this study will be held in a locked filing cabinet for ten years after which the data will be destroyed. All data collected will be anonymous and kept confidential, and only members of the research team will have access to this data.
8. ***I agree to take part in the above study. I am aware that a copy of this consent form will be provided to me for my records.***

Name of Participant

Date

Signature

Name of Person taking consent

Date

Signature