

The WISE Project

Wellbeing in Secondary Education



T2 Audit of School Policies and Practices (Review of Policies and Practices implemented from September 2016)

School:

Contact:

Method of completion:

Date:

KEY: GREEN: Present (P) AMBER: Partly present (PP) RED: Not Present (NP) Blue: Not known (NK)				
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The WISE Project Check if school has previous delivery experience of WISE Project components Source: Main contact <input type="checkbox"/> Other <input type="checkbox"/> Specify: <ul style="list-style-type: none"> • <i>For intervention schools don't include the WISE training delivered by Belinda, Darren or Suzanne (England) or by healthy schools coordinators (Wales) - 09/16 to 01/17</i> 	p	PP	NP	NK
Standard Mental Health First Aid (MHFA)				
Youth Mental Health First Aid (YMHFA) (2 day version)				
YMHFA for Schools and Colleges (1 day version)				
Other delivery of any MHFA training <i>Specify:</i>				
Staff peer support service for emotional health <i>Specify:</i>				
Training provided to staff to address students' emotional health and wellbeing (e.g. ASIST). <ul style="list-style-type: none"> • <i>State what e.g. course title, when, duration, delivered by whom, targeted at whom, number of attendees etc.</i> • <i>If only available to some staff or is optional training mark as 'partly present' but explain why and still obtain detail</i> 				

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Inspectorate Report Most recent ESTYN/OFSTED inspection report (web) <i>To be completed prior to meeting (see guidance)</i>	p	PP	NP	NK
Documentation and assessment of 'Wellbeing' policies and practices. <i>Summarize details of assessment:</i>				

School Policies Source: Admin contact <input type="checkbox"/> Other <input type="checkbox"/> Specify: <ul style="list-style-type: none"> • If policy/procedure mentioned ask if possible to send copy /offer to visit and photocopy. • Only mark as 'present' if copy received. • If policy specified but copy not provided note this and mark as 'not known'. • If there is a wellbeing section in another related policy, code as 'partly present'. • Include wellbeing policies located on School website that are not mentioned by the contact and ensure source is noted • Policies only count as 'present' if called the following: <ul style="list-style-type: none"> ○ Wellbeing policy ○ Mental health and wellbeing policy ○ Emotional health and wellbeing policy ○ Mental health policy ○ Social and emotional wellbeing policy 	p	PP	NP	NK
Policy on staff's emotional health and wellbeing. <i>Summarize details:</i>				
Policy on student's emotional health and wellbeing. <i>Summarize details:</i>				

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Staff Health and Well-being		p	PP	NP	NK
Source: Main contact <input type="checkbox"/> Other <input type="checkbox"/> Specify:					
Activities and interventions to promote staff emotional health and wellbeing (e.g. <i>Mindfulness training courses, Mind's Time to Change Strategy</i>). • State what, when, delivered by whom, targeted at whom etc:					
Access to a counsellor (<i>also available from teacher survey question 13</i>) give details:	On-site counsellor				
	Off-site counsellor				
Access to occupational health (<i>also available from teacher survey question 13</i>):					
English schools only: Have you have received training in the CASCADE framework offered by the Anna Freud Centre?					

<ul style="list-style-type: none"> State what, when, delivered by whom, targeted at whom etc: 					
<p>Welsh schools in Rhondda Cynon Taff and Merthyr area only: Did you take part in the Valley Steps Worksop – Five Ways to Wellbeing?</p> <ul style="list-style-type: none"> State what, when, delivered by whom, targeted at whom etc: 					
<p>Student Health and Well-being Source: Main contact <input type="checkbox"/> Other <input type="checkbox"/> Specify:</p> <ul style="list-style-type: none"> Unless a counsellor is employed as a school staff member they will be an external provider but these could be on-site or off-site. Gain as much info as possible about counselling service whether on-site or off-site. 		p	PP	NP	NK
Access to a counsellor (give details):	On-site counsellor				
	Off-site counsellor				
<p>Curriculum based activities (including PSE) focusing on emotional health and wellbeing or mental health.</p> <ul style="list-style-type: none"> Summarize details and ask if possible to see lesson plans/curriculum content. Note any written evidence obtained. 					

<p>Other interventions aimed at promoting students' emotional health and wellbeing or address mental health difficulties (e.g. student massage, Student Assistance Program (SAP)).</p> <ul style="list-style-type: none"> • <i>State what, when, delivered by whom, targeted at whom etc:</i> • <i>If only open to certain year groups, e.g. Year 11s mentoring Year 7s, then mark as 'partly present' but explain why.</i> 				
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Major events/changes in school Source: Admin contact <input type="checkbox"/> Other <input type="checkbox"/> Specify:	p	PP	NP	NK
<p>Have there been any major events or changes in the school that could have affected teacher and/or student wellbeing.</p> <ul style="list-style-type: none"> • <i>Summarise details (e.g death, change of Head Teacher, change to Academy, negative OFSTED report):</i> 				

Please give more details here about any of the activities noted above as necessary:

This should include details of information or advice on the School website about wellbeing, directed at students, staff or parents. Document whether found online or mentioned by the contact. If nothing relevant found online, note this.