



MHFA Training Participant Checklist – 2 day Standard Course

*The purpose of this form is to check the content of the course and your opinion of the quality of the training. These forms have been designed by the WISE study team, and will be used as part of the WISE study evaluation **only**.*

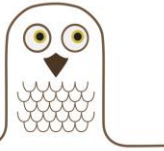
Course date(s): _____

Name of Instructor 1: _____

Name of Instructor 2 (if applicable): _____

1. Were the following topics covered? (please tick appropriate column)

	Covered	Not covered
What is mental health?		
Factors that influence mental health		
What is depression?		
Symptoms and risk factors for depression		
Symptoms and risk factors for suicide		
First aid for depression and suicidal behaviour (ALGEE)		
Self-care for the person helping		
What is an anxiety disorder?		
First aid for anxiety disorders (ALGEE)		
What is self-harm?		
What are eating disorders?		
What is psychosis?		
First aid for psychosis (ALGEE)		



2. Using the scale below, please rate the quality of the training, by circling your responses:

1 = very poor	2 = poor	3 = neither poor nor good	4 = good	5 = very good
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Instructor 1

Instructor's knowledge of the materials	1	2	3	4	5
Instructor's presentation skills	1	2	3	4	5
Instructor's use of a range of slides, group work exercises, film clips, discussion groups and case studies	1	2	3	4	5
Instructor's communication and interaction with participants	1	2	3	4	5
Instructor's facilitation and support of the learning of all individuals	1	2	3	4	5
Instructor's ability to keep the content and discussion relevant to the aims of the course	1	2	3	4	5
Instructors' flexibility in drawing on materials and anecdotes of most relevance to participants' needs	1	2	3	4	5

Instructor 2 (if applicable)

Instructor's knowledge of the materials	1	2	3	4	5
Instructor's presentation skills	1	2	3	4	5
Instructor's use of a range of slides, group work exercises, film clips, discussion groups and case studies	1	2	3	4	5
Instructor's communication and interaction with participants	1	2	3	4	5
Instructor's facilitation and support of the learning of all individuals	1	2	3	4	5
Instructor's ability to keep the content and discussion relevant to the aims of the course	1	2	3	4	5
Instructors' flexibility in drawing on materials and anecdotes of most relevance to participants' needs	1	2	3	4	5

Many thanks for your help!