

## Wellbeing in Secondary Education (WISE) Project

### PARTICIPANT FEEDBACK FORM: AWARENESS SESSION

Thank you for attending this mental health awareness session. We hope you found it helpful and interesting. Please give your views on it by answering the questions below and returning the form to the session leader.

Please rate how this session has impacted on your levels of knowledge/understanding about the following topics, using this scale:

- 1 = No impact on my knowledge/understanding
- 2 = a small increase in knowledge/understanding
- 3 = a large increase in knowledge/understanding

	My Rating: 1 - 3
Magnitude of mental health problems and their impact on young people and adults	
Magnitude of mental health problems and their impact on teachers	
What the WISE intervention involves	
How to improve mental health and wellbeing	
How to support someone in mental health difficulty	
Local sources of help	

1. How would you rate the session leader's delivery of the session (their knowledge, presentation skills etc)? *please tick one*

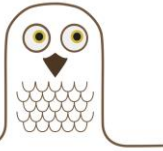
Very poor	Poor	Neither poor nor good	Good	Very good

Comments: \_\_\_\_\_

\_\_\_\_\_

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2. Please use the box below for any other comments or questions about this session

*Many thanks for your help!*